

Hutto Premier Dentistry

ORAL SURGERY POST-OPERATIVE INSTRUCTIONS

Bleeding:

- oozing is normal for 18 – 24 hours
- keep gauze in place for one hour with firm pressure
- keep your head elevated and limit physical activity
- do NOT smoke for at least 24 hours; longer if possible
- if bleeding persists (excessive and bright red), place a fresh gauze pack on the surgery site and maintain pressure for one hour
- if bleeding is not controlled by these methods call our office

Medication:

- take all prescribed medication as directed
- do NOT drive or operate machinery while taking narcotic pain medication
- do NOT consume alcoholic beverages while taking narcotic pain medication
- if you have been prescribed antibiotics and you are currently taking birth control pills (oral contraceptives), *you should be aware these antibiotics may render your contraceptive ineffective*

Swelling:

- swelling is a normal reaction to oral surgery
- the amount of swelling varies from patient to patient and side to side
- swelling takes 48-72 hours to fully develop
- an ice pack will help minimize swelling if used during the first 24 hours
- after the first day, moist heat may be applied to the face to reduce swelling

Diet:

- drink plenty of fluids (water, juice, Gatorade)
- for the first 24 hours, diet may be soft (soups, Jell-O, milk shakes, etc.)
- after the first 24 hours, you may eat anything you can comfortably eat

Hygiene:

- brush your teeth normally, using caution around the surgical area
- if given, rinse your mouth with prescription mouth rinse for 30 seconds twice a day until gone
- you may also want to rinse with warm water 3 or 4 times a day

Please call our office with any concerns or questions: 512-846-2646